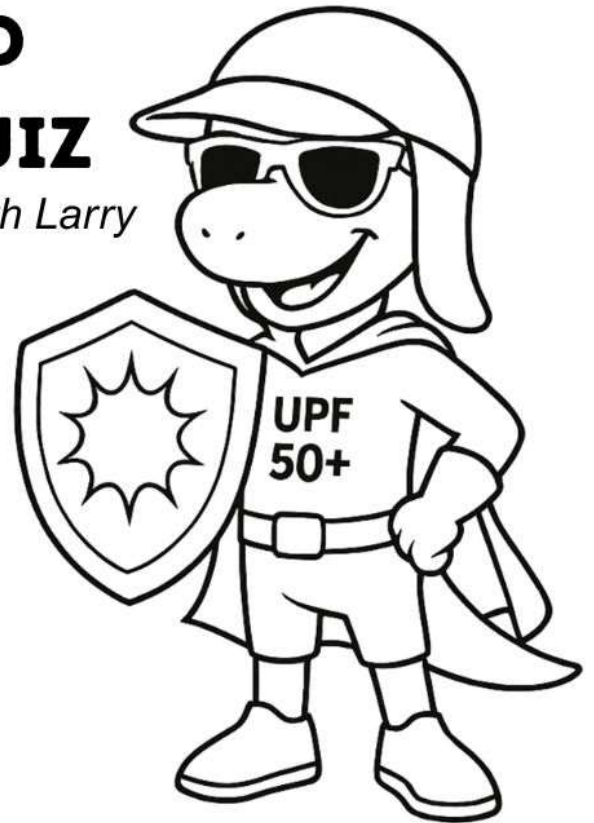


# LARRY LIZARD SUN SAFETY QUIZ

*Test your sun protection Knowledge with Larry*



1. **Why is it important to wear sunscreen?**
  - a) to smell nice
  - b) To protect the skin from the sun's harmful rays
  - c) To Keep you warm
2. **When should you apply sunscreen?**
  - a) only at the beach
  - b) after swimming
  - c) every 2 hours or more frequent if in the water
3. **What does UPF50+ mean on clothing?**
  - a) it's soft
  - b) it protects your skin from 98% of the sun's UV rays
  - c) it changes colour in the sun
4. **What should you wear on your head in the sun?**
  - a) a crown
  - b) a sun protection hat with a flap
  - c) a helmet
5. **What time is the best time to stay in the shade?**
  - a) 6 am - 8 am
  - b) 11 am - 3pm
  - c) 9pm - 11 pm
6. **Why is it important to wear Sunglasses?**
  - a) they look cool
  - b) they match your outfit
  - c) they block out harmful UV rays

Answers: 1b, 2c, 3b ,4b, 5b, 6c

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