

# STANDARD LASTS MEASUREMENTS

This table illustrates the measures for the standard lasts.

The Length<sup>(1)</sup>, Joint Width<sup>(2)</sup> and Instep circumference<sup>(3)</sup> positions are illustrated below for reference. All sizes are with inlay inserted into shoe.

Shoe <sup>®</sup>	TN1 -X Narrow		TN2 -Narrow		TN4 -Medium		TN6 - Wide		TN8 - X Wide		TN10 - XX Wide		
	Size	Length <sup>(1)</sup>	Joint <sup>(2)</sup>	Instep <sup>(3)</sup>	Joint <sup>(2)</sup>	Instep <sup>(3)</sup>	Joint <sup>(2)</sup>	Instep <sup>(3)</sup>	Joint <sup>(2)</sup>	Instep <sup>(3)</sup>	Joint <sup>(2)</sup>	Instep <sup>(3)</sup>	
16	105	43	116	45	121	49	131	53	140	56	150	60	160
17	112	44	120	46	125	50	135	54	144	57	154	61	164
18	118	46	124	48	129	52	138	56	148	59	158	63	168
19	125	48	128	50	133	54	143	58	152	61	162	65	172
20	132	50	132	52	137	56	147	60	156	63	166	67	176
21	138	52	136	54	141	58	151	62	160	65	170	69	180
22	145	53	140	55	145	59	155	63	164	66	174	70	184
23	152	54	144	56	149	60	159	64	168	67	178	71	188
24	158	56	149	58	153	62	163	66	172	69	182	73	192
25	165	57	152	59	157	63	167	67	176	70	186	74	196
26	172	59	156	61	161	65	171	69	180	72	190	76	200
27	178	60	160	62	165	66	175	70	184	73	194	77	204
28	185	61	164	63	169	67	179	71	188	74	198	78	208
29	192	63	168	65	173	69	183	73	192	76	202	80	212
30	198	64	171	66	176	70	186	74	195	77	206	81	216
31	205	65	175	67	180	71	190	75	199	78	210	82	220
32	212	67	178	69	183	73	193	77	202	80	214	84	224
33	218	69	182	71	187	75	197	79	206	82	218	86	228
34	225	70	186	72	191	76	201	80	210	83	222	87	232
35	231	71	190	73	195	77	205	81	214	84	226	88	236
36	238	73	194	75	199	79	209	83	218	86	230	90	240
37	245	74	198	76	203	80	213	84	222	87	234	91	244
38	251	76	202	78	207	82	217	86	226	89	238	93	248
39	258	77	206	79	211	83	221	87	230	90	242	94	252
40	265	79	211	81	216	85	226	89	235	92	246	96	256
41	271	81	215	83	220	87	230	91	239	94	250	98	260
42	278	82	219	84	224	88	234	92	243	95	254	99	264
43	285	84	223	86	228	90	238	94	247	97	258	101	268
44	291	86	227	88	232	92	242	95	251	98	262	102	272
45	298	88	231	90	236	94	246	97	255	100	266	104	276

All dimensions are in millimeters

\*Please ensure that desired toe room is added to the length before choosing shoe size

The AV Lasts TN2/AV, TN4/AV, TN6/AV, TN8/AV and TN10/AV are comparable to the standard last measurements but with a different forefoot alignment



Measurements:  
**1** - Length  
**2** - Joint Width  
**3** - Instep Circumference

