

ORTHOSES LASTS MEASUREMENTS

This table illustrates the measures for the orthoses lasts. The TN8 and TN10 lasts are the same as the standard lasts but with reduced toe spring. The TN10xls last is the same as the TN10 but with extra volume by increasing the long heel circumference.

The Length(1), Joint Width(2), Instep circumference(3) and Long Heel circumference(4) positions are illustrated below for reference. All sizes are with inlay inserted into shoe.

Shoe*		TN8/ort - X Wide			TN10/ort - XX Wide			TN10xls/ort - Extra Volume		
Size	Length ⁽¹⁾	Joint ⁽²⁾	Instep ⁽³⁾	longHeel ⁽⁴⁾	Joint ⁽²⁾	Instep ⁽³⁾	longHeel ⁽⁴⁾	Joint ⁽²⁾	Instep ⁽³⁾	longHeel ⁽⁴⁾
16	105	56	150	175	60	160	180	60	160	189
17	112	57	154	183	61	164	188	61	164	197
18	118	59	158	192	63	168	197	63	168	206
19	125	61	162	200	65	172	205	65	172	214
20	132	63	166	208	67	176	213	67	176	222
21	138	65	170	217	69	180	222	69	180	231
22	145	66	174	225	70	184	230	70	184	239
23	152	67	178	234	71	188	239	71	188	248
24	158	69	182	242	73	192	247	73	192	256
25	165	70	186	251	74	196	256	74	196	265
26	172	72	190	259	76	200	264	76	200	273
27	178	73	194	268	77	204	273	77	204	282
28	185	74	198	276	78	208	281	78	208	290
29	192	76	202	285	80	212	290	80	212	299
30	198	77	206	294	81	216	299	81	216	308
31	205	78	210	302	82	220	307	82	220	316
32	212	80	214	310	84	224	315	84	224	324
33	218	82	218	319	86	228	324	86	228	333
34	225	83	222	328	87	232	333	87	232	342
35	231	84	226	336	88	236	341	88	236	350
36	238	86	230	345	90	240	350	90	240	359
37	245	87	234	353	91	244	358	91	244	367
38	251	89	238	362	93	248	367	93	248	376
39	258	90	242	370	94	252	375	94	252	384
40	265	92	246	378	96	256	383	96	256	392
41	271	94	250	387	98	260	392	98	260	401
42	278	95	254	396	99	264	401	99	264	410
43	285	97	258	404	101	268	409	101	268	418
44	291	98	262	412	102	272	417	102	272	426
45	298	100	266	421	104	276	426	104	276	435

All dimensions are in millimeters

*Please ensure that desired toe room is added to the length before choosing shoe size

The AV Lasts TN2/AV, TN4/AV, TN6/AV, TN8/AV and TN10/AV are comparable to the standard last last measurements but with a different forefoot alignment



Measurements:
 1 - Length
 2 - Joint Width
 3 - Instep Circumference

